

# Robert Eriksson & Seth Pech

## Table Tennis Clinic June 2-3 at Table Tennis Club of Indianapolis



Develop your game during two full days together with professional player Robert Eriksson from Sweden and the future star Seth Pech from Ohio.

### Robert Eriksson

- Professional player in the Swedish, French, Danish Super Leagues for 13 years
- Sweden National Championships Men's Singles Bronze Medalist
- Sweden National Championships Men's Doubles Bronze Medalist
- Sweden National Championships Men's Teams Silver Medalist
- Defeated world class players Marcos Freitas, Mattias Karlsson, Kou Lei, Cho Eon Rae, Jörgen Persson

### Seth Pech

- Number 1 rated player in Ohio, March 2018; Current rating 2476
- 12<sup>th</sup> out of 16 players in the National Team trials 2018
- Semi-finalist u2500 US Open 2017

### About the clinic

- Three sessions/day, 7.5 hours/day
- 1 topic for each session (6 topics total), **See page 2 for session times and topics!**
- Every session will include:
  - Individual drills for every player
  - Multi-ball practice with one of the coaches for every player
  - Individual attention and advices from the coaches
  - Lectures about each topic and how to use it in game situations
  - Exhibition how to play each drill and how to think playing each drill

### Costs

- \$55/session, \$150/one day, \$275/two days **(50% DEPOSIT DUE WITH REGISTRATION-PD IN FULL BY JUNE 1)**

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ RATING(if available) \_\_\_\_\_

**SESSIONS ATTENDING:** PLEASE CIRCLE DAY AND SESSION

**JUNE 2 – SATURDAY** SESSION 1 2 3      **JUNE 3 – SUNDAY** SESSION 4 5 6

AMOUNT ENCLOSED (50% deposit due with registration) \_\_\_\_\_

Make checks payable to **TTCI** and send to: **Table Tennis Club Indianapolis, PO Box 39110, Indianapolis, IN 46239**

## TABLE TENNIS CLINIC SCHEDULE

Pick and choose specific sessions to attend or full days

### JUNE 2 - Saturday:

- **Session 1: 9:00 AM - 11:30 AM** Basic strokes, forehand and backhand topspin
- 11:30 AM - 12:45 PM Lunch Break
- **Session 2: 12:45 PM - 3:15 PM** Use of strokes while moving, footwork and combination drills working with both forehand and backhand
- 3:15 PM - 4:00 PM Break
- **Session 3: 4:00 PM - 6:30 PM** Use of strokes against various spin and speed, defending, top spin etc.

### JUNE 3 - Sunday:

- **Session 4: 9:00 AM - 11:30 AM** Serve and receive practice, spin, speed, placement etc
- 11:30 AM - 12:45 PM Lunch Break
- **Session 5: 12:45 PM - 3:15 PM** Second and third ball after service and receive, how to move and how to think in the beginning of a rally, match play situations
- 3:15 PM - 4:00 PM Break
- **Session 6: 4:00 PM - 6:30 PM** Tactics, awareness at the table, use your strength, use your opponents weakness, match play situations

If you have any questions please feel free to contact Robert or Josie by email:

[indytabletennis@sbcglobal.net](mailto:indytabletennis@sbcglobal.net) or call us at 317-895-8394

Table Tennis Club of Indianapolis is located at 8009-B East Washington St, Indianapolis, IN 46219

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